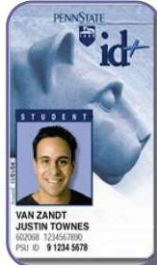




FACILITY ACCESS

In compliance with University Policy AD73, all Penn State Harrisburg students, staff and faculty must swipe in at the front desk using their valid PSU ID+ card. Aquatic Center members must swipe their issued access cards. All others must sign the visitor's log at the front desk.



GUEST POLICY

A daily Guest Pass for the fitness facility may be purchased by Penn State Harrisburg students, staff and faculty only. Cost of pass is \$5.00. Guests must be 18 years or older, and provide photo ID for proof of age and identification. Guests must sign a waiver of liability. The guest's sponsor must accompany them at all times. There is a limit of one guest per visit.

CODE OF CONDUCT

All persons who enter the Capital Union Building (CUB) must abide by the Penn State Principles and the CUB policies and procedures.

HARRISBURG
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1966



Additional Information:

For more information on intramural sports, fitness, and recreation; please visit the recreation and aquatics website at:

harrisburg.psu.edu/recreation-and-aquatics

General questions, please call: 717-948-6445

Contact:

Craig Merkey

Associate Director, Recreation and Aquatics
cam86@psu.edu, 717-948-6664

Amy Hickoff

Recreation and Aquatics
Administrative Support Assistant
Room 101
aih2@psu.edu, 717-948-6740



PennState
Harrisburg

Capital Union Building
777 West Harrisburg Pike, Middletown, PA 17057

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PennState
Harrisburg

RECREATION AND FITNESS



Capital Union Building
777 West Harrisburg Pike
Middletown, PA 17057
717-948-6445

harrisburg.psu.edu/recreation-and-aquatics



Fitness Center

The Capital Union Building (CUB) Fitness Center features a 5,000 sq. ft. daylight-infused fitness room with state-of-the-art interactive cardio equipment, free weights and weight stack machines. The CUB also includes a gym which is lined for basketball, badminton and volleyball; two racquetball courts; a table tennis room; and locker rooms.



NEW

FITNESS CENTER EQUIPMENT--
SIGN OUT BANDS, JUMP ROPES,
AND MORE AT THE DESK

IN THE: CUB:



Aquatics Center



Intramural Sports



Intercollegiate Athletics



Kinesiology Department



Student Health Services



Locker Information

Penn State Harrisburg students, staff and faculty may sign out a semester locker and a combination lock free of charge.

Equipment

Basketballs, soccer balls, volleyballs, jump ropes, as well as equipment for racquetball, tennis, ping pong, badminton, and more are available to Penn State Harrisburg students, staff and faculty free of charge.

Hours of Operation

Fall/Spring Semester

Monday - Thursday	7:00 a.m. - 11:00 p.m.
Friday	7:00 a.m. - 9:00 p.m.
Saturday	8:00 a.m. - 8:00 p.m.
Sunday	10:00 a.m. - 8:00 p.m.

Summer Semester

Monday - Friday	7:00 a.m. - 8:00 p.m.
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Hours subject to change.