



DIY lava lamp

- Effervescent tablets (Alka-Seltzer® or store brand)
- 5oz - Water
- 10 oz - Oil (Vegetable, baby, or mineral)
- Food coloring
- Clear plastic bottles (water, sports drinks) or tall drinking glasses
- Measuring cup (optional)
- Glitter or Sequence (optional)

- **Alternate materials (if effervescent tablets are unavailable):**
- Vinegar (white) and Baking soda or powder