#### **Introduction**

Intramural sports provide an opportunity for Penn State Harrisburg students, faculty and staff to participate in various recreational activities to enhance the college experience. Participants create their own teams and compete against other teams comprised of their peers. Good sportsmanship is stressed and required!

Participation is at the individual's risk. A participant is expected to consider his/her personal health and physical condition prior to intramural sport participation. Individuals are expected to have their own health insurance coverage. Intramural games run Monday-Thursday from 9:00-11:00 p.m. Penn State ID must be presented before all games.

#### **GET INVOLVED!**

All Penn State Harrisburg intramural information and sign-ups can be found on imleagues.com. Every participant must create an account to be added to a team roster. On the website, you can create teams, sign up as a free agent, find registration dates/times, see game schedules, read rules, view pictures, get announcements and more.



Step 1: Go to imleagues.com

Step 2: Click Sign Up

Step 3: Select Penn State Harrisburg

Step 4: Create your account using your

Penn State e-mail

Step 5: Activate your account

Step 6: Join the fun!





### Feedback and Information:

Information, updates, pictures, thoughts and opinions are all shared through our social networks. IM Sports is always growing and improving. Join the chatter and help improve the program. Your thoughts and opinions help us build a program that is fun for all students, staff, and faculty. Follow and "Like" us now!

# **FOLLOW US**

ON INSTAGRAM

@pshbgrec

#### **Contact:**

Dan Barlet Intramural and Club Sports Coordinator dab68@psu.edu, 717-948-6267



Capital Union Building—Room 101A 777 West Harrisburg Pike, Middletown, PA 17057

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# INTRAMURAL SPORTS



Stand TALL.
Talk SMALL.
Play BALL.

harrisburg.psu.edu/im-sports

**2024**SALL IM SPORTS

# 2025

2025
SPRING IM SPORTS

#### **Intramural Sports Info Night**

September 3 - EAB 104 9:00 p.m.
Brief Intramural Information Session

#### **Ultimate Frisbee**

Registration: July 3-Sept. 3 Rules Meeting: Sept. 3 - EAB 104 9:00 p.m. Season: Sept. 5-Sept. 12

#### Soccer

Registration: July 16-Sept. 16 Rules Meeting: Sept. 16 - EAB 104 9:00 p.m. Season: Sept. 18-Oct. 17

#### Flag Football

Registration: Aug. 21-Oct. 21 Rules Meeting: Oct. 21 - EAB 104 9:00 p.m. Season: Oct. 24-Nov. 21

#### Bowling (T/W)

Registration: Aug. 21-Oct. 21 Rules Meeting: Oct. 21 - EAB 104 9:00 p.m. Season: Oct. 23-Nov. 20

#### **Dodgeball**

Registration: Oct. 2-Dec. 2
Rules Meeting: Dec. 2 - EAB 104 9:00 p.m.
Season: Dec. 4-Dec. 12

Please check imleagues for the most up-to-date schedules.

#### Table Tennis (M/W)

Registration: Nov. 13-Jan. 13
Rules Meeting: Jan. 13 - EAB 104 9:00 p.m.
Season: Jan. 15-Feb. 5

#### Badminton (T/Th)

Registration: Nov. 13-Jan. 13
Rules Meeting: Jan. 13 - EAB 104 9:00 p.m.
Season: Jan. 16-Feb. 6

#### **Indoor Volleyball**

Registration: Dec. 10-Feb. 10
Rules Meeting: Feb. 10 - EAB 104 9:00 p.m.
Season: Feb. 12-Mar. 6

#### 5v5 Basketball

Registration: Jan. 17-Mar. 17
Rules Meeting: Mar. 17 - EAB 104 9:00 p.m.
Season: Mar. 19-Apr. 17

#### **Pickleball**

Registration: Feb. 21-Apr. 21 Rules Meeting: Apr. 21 - EAB 104 9:00 p.m. Season: Apr. 23-May 1

## **CHAMPIONSHIP**

SHIRTS TO EVERY WINNER

#### Wiffle Ball (M/W)

Registration: Feb. 21-Apr. 21 Rules Meeting: Apr. 21 - EAB 104 9:00 p.m. Season: Apr. 23-Apr. 30

#### Kickball (T/Th)

Registration: Feb. 21-Apr. 21 Rules Meeting: Apr. 21 - EAB 104 9:00 p.m. Season: Apr. 24-May 1



#### **Officials**

All officials are provided by the Intramural Sports office. Officials must attend sport-specific training prior to officiating. Being an official is a great way to combine work and recreation. For more information on joining our officiating staff, log onto imleagues.com and click the IM Officials tab. Officials should have a working knowledge of basic rules prior to applying.