

Dr. Gina M. Brelsford
Curriculum Vitae

Updated: April 8, 2022

The Pennsylvania State University
W311 OLMSTED BLDG
(717) 948-6759
Email: GMY103@psu.edu

Education

Ph D, Bowling Green State University, Bowling Green, Ohio, 2003.
Major: Clinical Psychology

MA, Bowling Green State University, Bowling Green, Ohio, 2000.
Major: Clinical Psychology

BA, Magna cum laude, Penn State University, College of Liberal Arts, University Park, PA, 1997.
Major: Psychology
Supporting Areas of Emphasis: Human Development and Family Studies

Administrative Assignments

Assistant Director, College. (July 2020 - Present).
Honors

Other, Program. (May 2016 - Present).
Applied Clinical Psychology M.A. program

Other, Program. (August 2017 - May 2018).

Other, Program. (August 2017 - May 2018).

Other, Program. (August 2015 - May 2016).

Program Coordinator, Program. (December 2012 - May 2013).

Professional Positions

Academic

Associate Professor of Psychology, Penn State Harrisburg. (May 2013 - Present).
Teaching, Research, and Service

Assistant Professor of Psychology, Penn State Harrisburg. (August 2006 - May 2013).
Teaching, Research, and Service

Visiting Assistant Professor, Loyola University Maryland. (July 2004 - July 2006).

Professional

Post-Doctoral Fellow, The Kennedy Krieger Institute/Johns Hopkins Medical School. (September 2003 - August 2004).

Licensures and Certifications

Psychologist, State. (January 2007)

Professional Memberships

National Perinatal Association. (March 2019 - Present).

American Psychological Association-Division 36. (2008 - Present).

Pennsylvania Psychological Association. (2008 - Present).

American Psychological Association. (2006 - Present).

American Psychological Association-Division 1. (2008 - 2014).

Society for the Scientific Study of Religion. (March 2012 - 2013).

American Psychological Association-Division 43. (2008 - 2013).

Awards and Honors

Virginia Sexton Mentoring Award, Society for the Psychology of Religion and Spirituality Division 36 of the American Psychological Association. (March 2020).

Penn State Harrisburg Faculty Research Award, Penn State Harrisburg. (March 2018).

Distinguished Service Award, Society for the Psychology of Religion and Spirituality Division 36 of the American Psychological Association. (August 2014).

Presidential Citation for Service, Division 1 (Society for General Psychology) American Psychological Association. (August 2014).

Presidential Citation for Service to Division 1 of the American Psychological Association, Division 1 (Society for General Psychology) of the American Psychological Association. (August 2013).

Excellence in a Poster Presentation, American Association of Health Educators. (March 2010).

Phi Beta Kappa. (1997).

TEACHING

Teaching Experience

Penn State

ADTED 596, Individual Studies, 1 course
HONOR 494M, **Special Topics**, 1 course
HONOR 495, Research Studies, 1 course
HONOR 496, Honors Thesis, 2 courses
PSYC 405, Child Development, 1 course
PSYC 500, Ethics in Psyc, 16 courses
PSYC 501, Culture Competency, 1 course

PSYC 510, Human Development and Growth, 4 courses
 PSYC 517, Psychopathology, 3 courses
 PSYC 518, Interviewing, 4 courses
 PSYC 519, Psychotherapy, 1 course
 PSYC 530, Research Paper, 13 courses
 PSYC 540, Group Intervention, 11 courses
 PSYC 594, Research Topic, 14 courses
 PSYC 595B, Clinical Internship, 18 courses
 PSYC 596, Individual Studies, 3 courses
 PSYC 895B, Clinical Internship, 4 courses
 PSYCH 212, Devl Psychology, 4 courses
 PSYCH 243, Introduction to Well-being and Positive Psychology, 8 courses
 PSYCH 410, Child Development, 9 courses
 PSYCH 494, Research Projects, 8 courses
 PSYCH 496, Independent Studies, 1 course

Directed Student Learning

Rebekah Allison, Penn State Harrisburg, "How Religion, Spirituality, and Sanctification Relate to Parenting in the Neonatal Intensive Care Unit (NICU)." Supervised Research (August 2014 - December 2014).

Jennifer Amatya, Penn State Harrisburg, "Parenting Styles and Substance Use in Adolescence and Emerging Adulthood: A Systematic Literature Review." Master's Paper Committee Chairperson (January 2017 - May 2018).

Farheen Amin, Penn State Harrisburg, "FitTok a new age guide or threat to fitness?" Master's Thesis Committee Member (January 2022 - Present).

Raegan Atha, Penn State Harrisburg, "Body Image and Spirituality." Supervised Research (January 2019 - May 2019).

Alexandar Bak, Penn State Harrisburg, "Weight Loss Efforts as Influenced by Prescription Stimulant Misuse." Master's Paper Committee Member (September 2017 - December 2018).

Lindsay Baker, Penn State Harrisburg, "Student Alcohol Use and Anxiety." Master's Paper Committee Chairperson (May 2012 - February 2013).

Devyn Bell, Penn State Harrisburg, "Gifted Students and Emotional Impacts of Accelerated Learning Programs." Undergraduate Honors Thesis (August 2013 - May 2014).

Brianna Bendixsen, Penn State Harrisburg, "The Role of Attachment and Perceived Discrimination on Internalizing Symptomology in Black College Students." Master's Paper Committee Chairperson (November 2015 - October 2017). "Spirituality and Risk Taking Behaviors." Supervised Research (May 2017 - August 2017).

Laura Brehm, Penn State Harrisburg, "Stigma and Treatment Avoidance in College Students." Master's Paper Committee Chairperson (August 2012 - May 2013).

Savanna Brown, Penn State Harrisburg, "Association between the therapeutic alliance and treatment retention in children and adolescents: A systematic literature review." Master's Paper Committee Member (January 2021 - Present).

Kathryn Buettner, Penn State Harrisburg, "Trust and Mistrust in God, God Image, and Hoarding Disorder: Exploring the Connections Between Anxiety and Intolerance to Uncertainty."

Master's Paper Committee Chairperson (November 2015 - October 2017). "Religious Nones and Well-Being." Supervised Research (January 2016 - May 2017).

Meredith Bush, Penn State Harrisburg, "Attitude Formation towards Socialism: A study of Undergraduate Students." Undergraduate Honors Thesis (August 2014 - April 2015).

Sean Byers, Penn State Harrisburg, "Religion and Sports." Supervised Research (January 2016 - May 2016).

Andrew Calhoun, Penn State Harrisburg, "The relation between mindfulness and burnout in counselors: A systematic literature review." Master's Paper Committee Chairperson (January 2022 - Present).

Rodrigo Casares Lima, "Spirituality and suicidality: A study on Chinese international students." Master's Paper Committee Chairperson (January 2021 - Present).

Cara Chaback, Penn State Harrisburg, "God and Body Image." Supervised Research (August 2016 - May 2017).

Teri Clemens, Penn State Harrisburg, "Depression, Infertility-Related Stress, and Relationship Satisfaction in Infertile Couples: A Literature Review." Master's Paper Committee Chairperson (August 2010 - February 2015).

Kristen Clemons, Penn State Harrisburg, "Post-traumatic Growth and Mental Health." Master's Paper Committee Chairperson (January 2019 - August 2020).

Tiffany Condran, Penn State Harrisburg, "Etiological Factors of Borderline Personality Disorder: A Literature Review." Master's Paper Committee Chairperson (August 2009 - February 2015).

Lauren Conley, Penn State Harrisburg, "Use of Dogs in Animal-Assisted Therapy." Master's Paper Committee Member (January 2013 - May 2014).

Elizabeth Cruger, Penn State Harrisburg, "Longterm Efficacy of a Parenting Intervention." Master's Paper Committee Member (January 2011 - August 2012).

Caili Danieu, Penn State Harrisburg, "Gender differentiated routes to psychopathy: The role of childhood maltreatment and social information processing." Master's Paper Committee Member (January 2017 - April 2018).

Kerry Davenport Banta, Penn State Harrisburg, "The Role of Emotion Regulation in the Etiology of Eating Disorders: A Literature Review." Master's Paper Committee Chairperson (August 2013 - December 2014).

Ray Deranvil, Penn State Harrisburg, "Cultural Differences and Religiousness and Well-Being." Supervised Research (August 2016 - December 2016).

Anna Diem, "Exploring the Impact of Anxiety and Depression on Memory." Master's Paper Committee Member (January 2021 - Present).

Sarah Diorio, Penn State Harrisburg, "Meta-Analysis of Parenting Styles and Child Behavior." Master's Paper Committee Member (January 2008 - May 2009).

Aretha Diri, Penn State Harrisburg, "Experiencing Spirituality Across Specific Domains of College Students' Lives: Personality, Meaning, and Purpose In Life." Supervised Research (August 2014 - December 2014).

Erin Donovan, Penn State Harrisburg, "Sexual Dreams and Relationship Issues." Master's Paper Committee Member (January 2007 - May 2008).

Madhuri Dugyala, Penn State Harrisburg, "Social anxiety, depression, coping self-efficacy and coping strategies among college students." Master's Paper Committee Member (January 2017 - December 2018).

Lauren Dunn, Penn State Harrisburg, "The Nature and Basis of Biphobia among Lesbian and Bisexual Women." Master's Paper Committee Chairperson (December 2015 - March 2016).

Krina Durica, Penn State Harrisburg, "The Mediating Effect of Neurocognitive Functioning on the Relationship between Sleep Disturbance and Learning in Adolescents with Autism." Master's Paper Committee Member (January 2015 - April 2016).

Ella Durst, Penn State Harrisburg, "Rural emerging adults: Views on mental health access to treatment." Undergraduate Honors Thesis (December 2021 - Present).

Kendrell Edwards, Penn State Harrisburg, "The Impact of Religion: Stories, Experiences and Values Among Elderly African American Women." Master's Paper Committee Member (January 2010 - May 2011).

Lori Ezzedine, Penn State Harrisburg, "Perceived Discrimination and Race Related Stress: Moderating Effects of Coping Styles." Master's Paper Committee Member (October 2016 - March 2018).

Kristin Falkinburg, Penn State Harrisburg, "Effects of Written Disclosure on Eating Disorder Pathology." Master's Paper Committee Member (January 2009 - May 2010).

Elveena Fareedi, Penn State Harrisburg, "Hypersexuality and Well-Being in Young Adults: An Exploratory Study." Master's Paper Committee Chairperson (October 2016 - May 2018).

Amber Flanagan, Penn State Harrisburg, "Polytheistic Religions." Supervised Research (January 2016 - May 2016).

Kaitlin Flynn, Penn State Harrisburg, "Parent Technology Use and Children's Behaviors: A Literature Review." Master's Paper Committee Chairperson (October 2018 - August 2021).

Kathleen France, Penn State Harrisburg, "An Examination of Preschool Prevention Programs for the Promotion of Social-Emotional Behavior with Preliminary Results of Follow-Up Effects: A Meta-Analytic Review." Master's Paper Committee Chairperson (August 2011 - March 28, 2012).

Emily Friedrich, Penn State Harrisburg, "Deep Brain Stimulation for the Treatment of Parkinson's Disease." Master's Paper Committee Member (January 2015 - April 2016).

Megan Fulmer, Penn State Harrisburg, "The Impact of Religious Coping: A Grateful Outlook on Life Satisfaction." Master's Paper Committee Chairperson (August 2009 - May 2010).

Nancy Gable, Penn State Harrisburg, "Diaconal Ministers and How they Understand their Roles." Dissertation Committee Member (January 2006 - March 2013).

Jaipreet Ghuman, "Risk factors for co-morbid generalized anxiety disorder (GAD) and major depressive disorder (MDD)." Master's Paper Committee Chairperson (August 2020 - April 2021).

Amanda Gold, Penn State Harrisburg, "Religious Coping and Wellbeing in Christianity, Judaism, Spirituality, and Areligious Beliefs." Master's Paper Committee Member (November 2017 - April 2019).

Angela Gonsiorowski, "Etiology and prevalence of post-traumatic stress disorder in childhood cancer survivors: A systematic literature review." Master's Paper Committee Chairperson (January 2020 - October 2021).

Devon Grafius, Penn State Harrisburg, "The "Invisible Population": Examining Therapeutic Programs for Children and Families of Inmates." Master's Paper Committee Member (April 2012 - May 2013).

Brian Green, Penn State Harrisburg, "Self-Report Validation of the ALSSQOL-R." Master's Paper Committee Member (January 2009 - May 2010).

Adam Grumblin, Penn State Harrisburg, "College Students' Romantic Relationships and Spirituality." Supervised Research (August 2017 - December 2017).

Jennifer Hall, Penn State Harrisburg, "Atypical Antipsychotics for the Treatment of Anorexia Nervosa: A Review." Master's Paper Committee Member (August 2013 - October 2014).

Kristin Hardy, Penn State Harrisburg, "Body Satisfaction and Teasing." Master's Paper Committee Member (May 2008 - December 2009).

Lavina Ho, Penn State Harrisburg, "A Cross-Cultural Literature Review On Suicide Risk In Schizophrenia." Master's Paper Committee Member (December 2012 - May 2014).

Evan Hoare, Penn State Harrisburg, "Problematic Gaming Behavior, Procrastination, and Academic Engagement in College Students." Master's Paper Committee Member (December 2018 - August 2019). "A Systematic Review of the Relation Between PTSD in Veterans on Criminogenic Behavior Post-Deployment." Master's Paper Committee Member (November 2018 - August 2019).

Darren Hoffer, Penn State Harrisburg, "Perceived Harm of Psychoactive Prescription Drugs: Views of Non-Medical Use of Prescription Drugs by College Students." Master's Paper Committee Member (August 2015 - March 2016).

Eric Holmes, Penn State Harrisburg, "The Student Adaptation to College Questionnaire (SACQ): A Partial Factor Analysis Replication and Extension." Master's Paper Committee Chairperson (January 2009 - April 2010).

Rebecca Jordan, Penn State Harrisburg, "The Mediating Role of Thin Ideal Internalization on the Relationship between Need for Cognition and Body Dissatisfaction." Master's Paper Committee Member (October 2016 - February 2017).

McKenzie Kane, "Treatments for antisocial personality disorder: A systematic review." Master's Paper Committee Member (January 2020 - August 2021).

Shannon Kelly, Penn State Harrisburg, "Body Image and Spirituality." Supervised Research (January 2019 - May 2019).

Daniel Komar, "Psychopathy and affective priming." Master's Paper Committee Member (January 2020 - April 2021).

Courtney Krivak, Penn State Harrisburg, "What about fathers? Examining paternal involvement and warmth in father figures during early toddler years." Master's Paper Committee Chairperson (November 2017 - April 2019).

Preeti Kumar, Penn State Harrisburg, "Religion and Spirituality and Autism." Master's Paper Committee Member (August 2012 - May 2013).

Sarah Kunish, Penn State Harrisburg, "Meat's Symbolism: How Values and Hierarchical Domination Differ Among Vegans, Vegetarians, and Omnivores." Master's Paper Committee Chairperson (August 2011 - May 2012).

Sandra Lowes, Penn State Harrisburg, "Mothers with Adult ADHD: Exploring Parent-Child Relationships." Master's Paper Committee Chairperson (January 2009 - March 2016).

Qing Ma, "Self-compassion and mental health." Master's Paper Committee Chairperson (January 2021 - Present).

Allie MacGreggor, Penn State Harrisburg, "Religion, Spirituality, and Divorce." Supervised Research (January 2016 - May 2017).

Ammanda Maldonado, Penn State Harrisburg, "The impact of perceived motivational climate in collegiate sport on male athlete risk for disordered eating." Master's Paper Committee Member (January 2021 - Present).

Vishala Maraj, Penn State Harrisburg, "Asian Indian – Canadian Families: The Relation between Intergenerational Discrepancies of Parental Control, Adolescent Depressive Symptoms and Family Conflict." Master's Paper Committee Member (January 2011 - April 2014).

Kaitlynn Marinelli, Penn State Harrisburg, "Investigation of Autism Treatment Choices in PA Wraparound: Is it Wrapped around or Unwrapped?" Undergraduate Honors Thesis (January 2015 - August 2016).

Judy Marinucci Lepore, Penn State Harrisburg, "The Progressive and Intellectual Ideals in Mass Persuasion: The Strange Case of Edward Bernays." Dissertation Committee Member (August 2016 - August 2021).

Heather Matesich, Penn State Harrisburg, "Divorce, Conflict in the Family, and Child Adjustment." Undergraduate Honors Thesis (September 2007 - May 2008).

Michael Mellinger, Penn State Harrisburg, "Treatment of Traumatic Brain Injury: The Effects on Abulia." Master's Paper Committee Member (January 2015 - September 2016).

Kelsey Mellott, Penn State Harrisburg, "Ritualistic Behaviors and Religion." Supervised Research (January 2017 - May 2017).

David Misal, Penn State Harrisburg, "Formation of African American Religious Identity." Dissertation Committee Member (September 2015 - Present).

Lisa Mondell, Penn State Harrisburg, "Stress and Negative Religious Coping." Master's Paper Committee Chairperson (January 2010 - May 2011).

Lisa Nestler, Penn State Harrisburg, "The Role of Self-Blame on Attachment and Relationship Satisfaction." Master's Paper Committee Chairperson (December 2016 - May 2018).

Jaclyn Ochs-Gregory, Penn State Harrisburg, "The Role of Benefit-Finding in Cancer Patients: Does Time Since Diagnosis and Spirituality Affect Level of Growth." Master's Paper Committee Member (January 2011 - May 2012).

Derek Oliver, Penn State Harrisburg, "Polyvagal Theory: A Neurophysiological Marker for Autism? A Systematic Literature Review." Master's Paper Committee Member (September 2015 - September 2016).

Kwadwo Owusu Britwum, Penn State Harrisburg, "Religion and Spirituality as Predictors of Hope and Optimism in A College Sample." Master's Paper Committee Chairperson (January 2010 - May 2011).

Derya Ozbek, Penn State Harrisburg, "Parenting Stress in Mothers of Children with Autism: A Literature Review." Master's Paper Committee Chairperson (March 2012 - February 2013).

Ellen Paliometrios, Penn State Harrisburg, "Evaluation of a Mental Health Center's Use of Religious Interventions." Master's Paper Committee Member (January 2009 - May 2010).

Jordyn Palm, Penn State Harrisburg, "Religious Heterogeneity and Marital Satisfaction." Supervised Research (January 2016 - May 2016).

Donna Parker, Loyola University in Maryland, "Moral Disengagement in Support of Military Force: An Experimental Invoking Secular and Religious Arguments." Dissertation Committee Member (2009).

Paula Plageman, Penn State Harrisburg, "Women's Family Support in Degree Completion." Dissertation Committee Member (2011).

Kathleen Pollom, Penn State Harrisburg, "The relationships among resiliency, secure attachment, coping strategies, and other personality characteristics." Master's Paper Committee Member (January 2011 - April 2012).

Michael Posteraro, "A systematic review of the relation between PTSD in veterans on criminogenic behavior post-deployment." Master's Paper Committee Member (January 2020 - December 2020).

Matthew Powery, Penn State Harrisburg, "Empathic skills of children and adolescents diagnosed with disruptive behavior disorders: A systematic literature review." Master's Paper Committee Chairperson (November 2017 - May 2019).

Shannon Pray, Penn State Harrisburg, "Religious Coping and Fathers of Children with Autism." Master's Paper Committee Chairperson (August 2011 - March 2012).

Piumi Rajasekera, Penn State Harrisburg, "The Protective Role of Parents, Religiosity and Spirituality against Internalizing Disorders during the Transition to College." Master's Paper Committee Chairperson (October 2016 - May 2019).

Ingrid Ramirez-Morales, Penn State Harrisburg, "Discrimination and stress." Master's Paper Committee Member (February 2019 - August 2020).

Joshua Ramirez, Penn State Harrisburg, "Religiosity, Spirituality, and Conflict Resolution in College Student Romantic Couples." Master's Paper Committee Chairperson (August 2013 - December 2014).

Adrianna Richards, Penn State Harrisburg, "Experiences of Intersectional Discrimination, Perceived Discrimination, Depression, and Anxiety." Master's Paper Committee Chairperson (January 2019 - August 2020).

Rafael Rivera, Penn State Harrisburg, "An Examination of Protective Factors Against Aggression, Family Violence, and Romantic Relationship Issues Among Veterans with Posttraumatic Stress Disorder: A Systematic Review." Master's Paper Committee Member (December 2018 - May 2019).

Michele Robinson, Penn State Harrisburg, "Linking Family Communication, Coping, and Life Satisfaction Among College Students." Master's Paper Committee Chairperson (January 2009 - May 2010).

Rebecca Roditski, Penn State Harrisburg, "Child Maltreatment and Associations with College Academic Experiences: A Systematic Literature Review." Master's Paper Committee Chairperson (October 2016 - May 2018).

Constance Rose, Penn State Harrisburg, "Religion and Spirituality within College Couples." Supervised Research (August 2014 - December 2014).

Jessica Rowe, Penn State Harrisburg, "Normative Feedback for College Students and Risky Sexual Behaviors." Master's Paper Committee Member (January 2008 - May 2009).

Amanda Ruzansky, Penn State Harrisburg, "Swinging and Self-Esteem: An Exploratory Study to Assess the Self-Esteem Level of Individuals in the Swinging Lifestyle." Master's Paper Committee Member (September 2016 - February 2017).

Shivang Sagar, "Links between corporal punishment by parents and adolescent development." Master's Paper Committee Chairperson (January 2021 - Present).

Joshua Sanders-Lustick, Penn State Harrisburg, "Animal therapy and mental health." Master's Paper Committee Chairperson (February 2019 - August 2020).

Preeti Sandhu, Penn State Harrisburg, "Social Competence, Social Responsiveness, and Internalizing Symptoms in Adolescents with High-Functioning Autism Spectrum Disorder." Master's Paper Committee Chairperson (March 2012 - May 2013).

Aishwarya Sastry, "The association between perceived parenting styles, intolerance of uncertainty, and anxiety among young adults." Master's Paper Committee Chairperson (January 2020 - April 2021).

Shanna Savage, Penn State Harrisburg, "Social Support and School Connectedness as Moderating Variables in Psychological Functioning and Teen Dating Violence." Master's Paper Committee Member (January 2013 - May 2014).

Shivali Saxena, Penn State Harrisburg, "The Effect of Neurofeedback Therapy on Depression: A Literature Review." Master's Paper Committee Chairperson (November 2015 - May 2017).

Melissa Schneider, Penn State Harrisburg, "How Is Emerging Adults' Religiosity Related to Their Anxiety? A Systematic Literature Review." Master's Paper Committee Chairperson (October 2016 - May 2019).

Kristen Shaffer, Penn State Harrisburg, "Childhood Psychopathology and Neuropsychological Measures." Master's Paper Committee Member (January 2008 - May 2009).

Prathma Sharma, Penn State Harrisburg, "Cognitive Emotion Regulation Strategies: Potential Moderators of the Association Between Mindfulness and Flourishing in College Students." Master's Paper Committee Chairperson (January 2019 - August 2020).

Tiffanie Sim, University of Maryland, Baltimore County, "Predictors of Treatment Dropout in a Spiritually-Based Therapeutic Community." Dissertation Committee Member (May 2008).

Christopher Sims, Penn State Harrisburg, "Comparison of Mass Murders in the United States to Other Countries and Seasonal Effects." Master's Paper Committee Member (November 2015 - April 2016).

Jessica Sisti, Penn State Harrisburg, "Intimate Partner Education For College Students: A Literature Review." Master's Paper Committee Chairperson (August 2013 - December 2014).

Melissa Sluga, Penn State Harrisburg, "Pet-Assisted Therapy and Emotional Adjustment." Master's Paper Committee Chairperson (January 2009 - May 2010).

Ali Smalstig, Penn State Harrisburg, "Mobility and Behavior in the Classroom for Young Children." Master's Paper Committee Member (January 2008 - May 2009).

Janice Smith, Penn State Harrisburg, "Narrative Study of Teaching Using a Constructive-Developmental Perspective." Dissertation Committee Member (2010 - 2011).

Jacob Stayer, Penn State Harrisburg, "Longitudinal Factors Associated with Quality of Life in Patients with Amyotrophic Lateral Sclerosis." Master's Paper Committee Member (January 2008 - May 2009).

Beth Ann Stuck Moats, Penn State Harrisburg, "Sexuality and Spirituality." Supervised Research (January 2016 - May 2016).

Monica Szanyi, Penn State Harrisburg, "Title TBD." Dissertation Committee Member (October 2017 - Present).

Megan Taylor, Penn State Harrisburg, "The Importance of Social Support for People with Fibromyalgia." Master's Paper Committee Member (January 2013 - September 2014).

Amanda Thompson, Penn State Harrisburg, "Body Image Dissatisfaction and the Introduction of Western Media to Young Women in Developing Countries: A Systemic Review of the Literature." Master's Paper Committee Member (January 2015 - February 2016).

Amanda Thoryk, Penn State Harrisburg, "Disordered eating in female college students: Links to excessive exercise." Undergraduate Honors Thesis (December 2021 - Present).

Rajat Thukral, Penn State Harrisburg, "Ego-Resiliency, Purpose in Life, and Spirituality." Supervised Research (September 2006 - May 2007).

Jessica Trutt, Penn State Harrisburg, "Career Development and Core Self-Evaluations: A Review of the Literature." Master's Paper Committee Member (January 2015 - September 2017).

Brittney Tucker, Penn State Harrisburg, "Examining the Roles of Hopelessness, Perceived Discrimination, and Socioeconomic Status in Suicidal Ideation Among Black Young Adults." Master's Paper Committee Member (January 2015 - April 2016).

Ashley Tudder, Penn State Harrisburg, "Spirituality, Affect Intensity, and Gratitude." Supervised Research (January 2016 - May 2017). "The Role of Perceived Control and Brooding in

Depressive Symptomology." Master's Paper Committee Chairperson (November 2015 - May 2017).

Matthew Turley, Penn State Harrisburg, "Adult Learning among Human Service Professionals for Recovery of Substance Abuse." Dissertation Committee Member (2011).

Alex Turner, Penn State Harrisburg, "Family stress and coping." Master's Paper Committee Chairperson (January 2019 - August 2020).

Kirin Uzar, Penn State Harrisburg, "Self-Esteem as A Mediator Between Grit and Life Satisfaction." Master's Paper Committee Chairperson (October 2018 - August 2020).

Amy Varnecky, Penn State Harrisburg, "ADHD and Substance Use in College Students: A Literature Review." Master's Paper Committee Chairperson (October 2016 - November 2017).

Kristin Veneman, Penn State Children's Hospital, "Active Parenting in Premature Infants." Scientific Oversight Committee for Neonatal Fellow (August 2012 - July 2014).

Divya Vinnakota, Penn State Harrisburg, "Spirituality and Gender Roles." Supervised Research (August 2016 - December 2016).

Kate Waardenburg, Penn State Harrisburg, "More Than Child's Play: Educating Parents on the Importance of Play." Master's Paper Committee Chairperson (January 2009 - May 2010).

Victoria Warner, Penn State Harrisburg, "Childhood Familial Trauma and Resultant Suicidality Through the Lens of the Interpersonal Psychological Theory of Suicidal Behavior." Master's Paper Committee Member (October 2018 - May 2019).

Mason Watkins, Penn State Harrisburg, "Association between Light-Emitting Technology Use before Bedtime and Sleep Quality in a University Population." Master's Paper Committee Member (December 2018 - December 2019).

Julia Watson, Penn State Harrisburg, "Investigating the Relationships among Family Members of Individuals Diagnosed with Severe Mental Illness." Master's Paper Committee Member (February 2019 - August 2020).

Alexis Wells, Penn State Harrisburg, "Interactions between Eating Disorders and Social Media: An Analysis of Pro-Eating Disorder and Body Positive Social Media Accounts." Master's Paper Committee Chairperson (January 2017 - May 2019). "Spirituality and Body Image." Supervised Research (August 2018 - December 2018).

Mary Beth Werdel, Loyola University in Maryland, "Rising on Wreckage: Post-Traumatic Growth after a Spiritual Crisis." Dissertation Committee Member (2010).

Gina Whalen, Penn State Harrisburg, "Mother's Suicide Loss." Dissertation Committee Member (June 2019 - September 2020).

Heather Wilford, Penn State Harrisburg, "A Crumbling Foundation? The Relationship Between Instructional Delivery, Practicum Experiences And Academic Major To Ba's Use Of Cuts." Undergraduate Honors Thesis (August 2014 - December 2014).

Faith Willis, "Public Stigma in Mental Health." Master's Paper Committee Member (February 2022 - Present).

Jessica Wilson, Penn State Harrisburg, "Perceived Stress, Coping, Life Satisfaction, and GPA among College Students." Master's Paper Committee Member (January 2011 - May 2012).

Maria Wilson, Elizabethtown High School, Faculty Mentoring for a High School Student (October 31, 2011 - November 5, 2011).

Lisa Windsor, Penn State Harrisburg, "Secondary Traumatization in Military Spouses: A Review of Causes and Strategies." Master's Paper Committee Member (January 2009 - May 2010).

Shahera Womack-Newman, Penn State Harrisburg, "Black College Students' Experiences of Anxiety in Relation to Parenting Styles." Undergraduate Honors Thesis (December 2018 - December 2019).

Christina Yarrish, "Exercise as a possible intervention for depression in older adults: A review on the method, intensity, and environment of the exercise." Master's Paper Committee Member (January 2020 - May 2021).

Caron Zell, Penn State Harrisburg, "Increasing Attachment Security Between Children and Caregivers: A Review of Treatment Intervention." Master's Paper Committee Chairperson (January 2010 - May 2013).

RESEARCH

Intellectual Contributions

Articles Published in Refereed Journals

Brelsford, G. M., & Doheny, K. K. (2022). Parents' spiritual struggles and stress: Associations with mental health and cognitive well-being following a neonatal intensive care unit experience. *Psychology of Religion and Spirituality*(14), 119-127. DOI: <https://psycnet.apa.org/doi/10.1037/rel0000381>

Sharma, P., Uzar, K., & Brelsford, G. M. (2021). Self-esteem, grit, and optimism: Predictors of depression and anxiety in emerging adults. *Journal of College Student Development*, 62(5), 563-574. DOI: <https://doi.org/10.1353/csd.2021.0053>

Fronheiser, B., Ali, S., Gardner, F., Hozella, A., Brelsford, G. M., & Doheny, K. K. (2021). Fathers' heightened stress responses to recounting their NICU experiences months after discharge: A mixed methods pilot study. *American Journal of Perinatology*, 1-13. DOI: <https://doi.org/10.1055/s-0041-1731045>

Wadsworth, M., McDonald, A., Joos, C., Perzow, S., Ahlkvist, J. A., Tilghman-Osborne, E., Creavey, K., & Brelsford, G. M. (2020). Reducing the biological and psychological toxicity of poverty-related stress: Initial efficacy of the BaSiCS intervention for preadolescents. *American Journal of Community Psychology*, 35(3-4), 305-319.

Brelsford, G. M., Doheny, K. K., & Nestler, L. (2020). Parents' post-traumatic growth and spirituality post neonatal intensive care unit discharge. *Journal of Psychology and Theology*, 48(1), 34-43.

Winkeljohn Black, S. M., Brelsford, G. M., Worthington, E., Garthe, R., Davis, D., Hook, J., Van Tongeren, D., & Griffiths, B. (2019). How do humility prototypes affect the association between perceptions of spouse's humility and depressive symptoms and couple conflict? *The Journal of Positive Psychology*, 14(6), 836-844.

- Brelsford, G. M., Underwood, L. G., & Wright, B. R.E. (2019). Love in the midst of stressors: The role of daily spiritual experiences. *Research in the Social Scientific Study of Religion*, 30, 25-43.
- Broderick, A. V., Brelsford, G. M., & Wadsworth, M. E. (2019). Interparental relationships among low income, ethnically diverse, two-parent cohabiting families. *Journal of Child and Family Studies*, Online First Publication.
- Berivan Ozmen, C., Brelsford, G. M., & Danieau, C. (2018). Political affiliation, spirituality, and religiosity: Links to emerging adults' life satisfaction and optimism. *Journal of Religion and Health*, 57(2), 622-635.
- Tudder, A., Buettner, K., & Brelsford, G. M. (2017). Spiritual well-being and gratitude: The role of positive affect and affect intensity. *Journal of Psychology and Christianity*, 36(2), 121-130.
- Brelsford, G. M., Ramirez, J. E., Veneman, K., & Doheny, K. K. (2016). Sacred spaces: Religious and secular coping and family relationships in the neonatal intensive care unit. *Advances in Neonatal Care*, 16(4), 315-322.
- Brelsford, G. M., & Doheny, K. K. (2016). Religious and spiritual journeys: Brief reflections from mothers and fathers in a Neonatal Intensive Care Unit (NICU). *Pastoral Psychology*, 65(1), 79-87.
- Brelsford, G. M., & Righi, S. E. (2015). Grateful and sanctified exploring the parent–child context. *Journal of Family Issues*, 36(12), 1575-1594.
- Luquis, R., Brelsford, G. M., & Pérez, M. A. (2015). Exploring Latino college students' sexual behaviors in relation to their sexual attitudes, religiousness, and spirituality. *Journal of Religion and Health*, 54(4), 1345-1357.
- Brelsford, G. M., Raldiris, T., Mondell, L. A., & Ramirez, J. (2015). Stress and negative religious coping in a community sample. *Journal of Psychology and Christianity*, 34(2), 141-155.
- Brelsford, G. M., Fulmer, M. E., Harrison, M., & Xu, X. (2014). Religious coping and gratitude in emerging adulthood. *Research in the Social Scientific Study of Religion*, 25(1), 32-52.
- Werdel, M. B., Dy-Liacco, G., Ciarrocchi, J., & Brelsford, G. (2014). The Unique Role of Spirituality in the Process of growth following stress and trauma. *Pastoral Psychology*, 63(1), 57-71. DOI: <http://dx.doi.org/10.1007/s11089-013-0538-4>
- Brelsford, G. (2013). Sanctification and spiritual disclosure in parent-child relationships: Implications for family relationship quality. *Journal of Family Psychology*, 27(4), 639-649.
- Friedberg, R. D., & Brelsford, G. M. (2013). Training methods in cognitive behavioral therapy: Tradition and invention. *Journal of Cognitive Psychotherapy*, 27(1), 19-29.
- Brelsford, G. M., & Ciarrocchi, J. W. (2013). Spiritual disclosure and ego-resiliency: Validating spiritual competencies. *Counseling and Values*, 58(2), 130-141.
- Luquis, R., Brelsford, G. M., & Rojas-Guyler, L. (2012). Religiosity, spirituality, sexual attitudes, and sexual behaviors among college students. *Journal of Religion and Health*, 51(3), 601-614.

- Friedberg, R. D., & Brelsford, G. M. (2011). Caring for those who serve in the stormy present: Introduction to the special issue on treating military personnel and their dependents. *Journal of Contemporary Psychotherapy*, 41(4), 199–200.
- Brelsford, G. M., Luquis, R., & Murray-Swank, N. A. (2011). College students' permissive sexual attitudes: Links to religiousness and spirituality. *The International Journal for the Psychology of Religion*, 21(2), 127–136.
- Friedberg, R. D., & Brelsford, G. M. (2011). Core principles in cognitive therapy with youth. *Child and Adolescent Psychiatric Clinics of North America*, 20(2), 369–378.
- Brelsford, G. (2011). Divine alliances to handle family conflict: Theistic mediation and triangulation in father–child relationships. *Psychology of religion and spirituality*, 3(4), 285–297.
- Brelsford, G. M., & Friedberg, R. D. (2011). Religious and spiritual issues: Family therapy approaches with military families coping with deployment. *Journal of Contemporary Psychotherapy*, 41(4), 255–262.
- Friedberg, R. D., & Brelsford, G. M. (2011). Using cognitive behavioral interventions to help children cope with parental military deployments. *Journal of Contemporary Psychotherapy*, 41(4), 229–236.
- Brelsford, G. M. (2010). Interpersonal spirituality between college students and fathers. *Research in the Social Scientific Study of Religion*, 21, 27–48.
- Brelsford, G. M., Marinelli, S., Ciarrochi, J. W., & Dy-Liacco, G. S. (2009). Generativity and spiritual disclosure in close relationships. *Psychology of Religion and Spirituality*, 1(3), 150–161.
- Brelsford, G. M., & Mahoney, A. (2009). Relying on God to resolve conflict: Theistic mediation and triangulation in relationships between college students and mothers. *Journal of Psychology and Christianity*, 28(4), 291–301.
- Ciarrochi, J. W., & Brelsford, G. M. (2009). Spirituality, religion, and substance coping as regulators of emotions and meaning making: Different effects on pain and joy. *Journal of Addictions & Offender Counseling*, 30(1), 24–36.
- Brelsford, G. M., & Mahoney, A. (2008). Spiritual disclosure between older adolescents and their mothers. *Journal of Family Psychology*, 22(1), 62–70.
- Ciarrochi, J. W., & Brelsford, G. M. (2007). Introduction to special section on positive psychology. *Research in the Social Scientific Study of Religion*, 18, 97.

Parts of Books

- Brelsford, G. (2018). A longitudinal feasibility study related to parents' religious and secular coping in the neonatal intensive care unit. *SAGE Research Case Methods* (pp. 1–13). Peer-reviewed/refereed.
- Brelsford, G. M., & Farris, J. R. (2014). Religion and spirituality: A source of renewal for families. In Wicks & Maynard (Eds.), *Clinician's Guide to Self-Renewal: Essential Advice from the Field* Wiley & Sons.

Friedberg, R. D., Brelsford, G. M., Pearl, A., & Mahr, F. (2011). Preventing anxiety and depression in children: Status and promise. In A. Columbus (Ed.), *Advances in Psychology Research*, Vol. 86. (86), (pp. 177-190). Hauppauge, NY: Nova Science Publishers.

Newsletter

Brelsford, G. (2018). Mentoring junior faculty and students in the psychology of religion and spirituality and beyond. In Stephanie Winkeljohn Black (Ed.), *Society for the Psychology of Religion and Spirituality*. American Psychological Association Division 36: Society for the Psychology of Religion and Spirituality.

Harrison, M., Zabler, J., Brelsford, G. M., & Koser, M. (2013). In Marissa Harrison (Ed.), "Is introductory psychology asexual?" *The General Psychologist*, 48(2), (pp. 30-39). American Psychological Association Division 1: Society for General Psychology.

Research Reports to Sponsor

Brelsford, G., *CTSI CERC Fellowship 2017-2019*. 3 pp. Final Report, Clinical Translational Science Institute/National Institutes of Health. (May 2019).

Brelsford, G., *Parental Stress Post-NICU Discharge: Religious/Spiritual and Secular Coping in Relation to Mental Health and Parent Relationship Quality*. 2 pp. Final Report, Children's Miracle Network. (February 2019).

Brelsford, G., *Parents' Religiousness and Spirituality in the Neonatal Intensive Care Unit (NICU): Links to their Mental Health, Relationship Quality, and Parenting Beliefs*. 4 pp. Final Report, Penn State Harrisburg Research Council Grant. (July 2014).

Luquis, R., Brelsford, G., *Religiosity, Spirituality, and Sexual Behaviors among College Students*. 2 pp. Final Report, Penn State Harrisburg Research Council Grant. (December 2009).

Brelsford, G., *Interpersonal Religiosity and Spirituality: Links to Individual and Family Functioning*. 3 pp. Final Report, Penn State Harrisburg Research Council Grant. (December 2008).

Editorial and Advisory Boards

Spirituality and Clinical Practice, Editorial Board. (January 2019 - Present).
Consulting Editor

Psychology of Religion and Spirituality, Associate Editor. (July 2015 - Present).

Psychology of Religion and Spirituality, Editorial Board. (December 2009 - Present).

Society for the Psychology of Religion and Spirituality Newsletter, Editor. (August 2011 - August 2014).

The General Psychologist, Editor. (2009 - December 2011).

Peer Reviewer of Grant Proposals, Manuscripts, Etc.

Advances in Neonatal Care, Reviewer. (June 2015 - Present).

Spirituality in Clinical Practice, Reviewer. (2013 - Present).

Psychology of Religion and Spirituality, Reviewer. (2008 - Present).

Journal of Child and Family Studies, Reviewer. (2014 - 2021).

Journal of Religion and Health, Reviewer. (2018 - 2020).

Journal of Family Psychology, Reviewer. (2008 - 2020).

Children's Miracle Network, Reviewer. (February 2020 - March 2020).

Journal for the Scientific Study of Religion, Reviewer. (2018 - 2019).

International Journal for the Psychology of Religion, Reviewer. (August 2015 - 2019).

Children's Miracle Network, Reviewer. (February 2019 - March 2019).

Journal of Spirituality in Mental Health, Reviewer. (2017 - 2018).

Journal of Contemporary Psychotherapy, Reviewer. (July 2011 - 2017).

British Journal of Developmental Psychology, Reviewer. (January 2016 - February 2017).

Division 36 (Society for the Psychology of Religion and Spirituality), Reviewer. (January 2016 - February 2016).
Reviewed presentations for Division 36 of APA Midyear Conference

Communication Research Reports, Reviewer. (December 2015).

American Psychological Association-Division 36 (Society for the Psychology of Religion and Spirituality), Reviewer. (December 2014 - January 2015).
Reviewed abstracts submitted for the National Convention held in August of 2015 in Toronto, Canada.

Journal for the Scientific Study of Religion, Reviewer. (March 2013 - 2014).

Mental Health, Religion, & Culture, Reviewer. (March 2013 - 2014).

American Psychological Association-Division 36 (Society for the Psychology of Religion and Spirituality), Reviewer. (2013 - 2014).
Reviewed abstracts submitted for the APA National Convention in 2013 and 2014.

Review of General Psychology, Reviewer. (2009 - 2014).

American Psychological Association-Division 36 (Society for the Psychology of Religion and Spirituality), Reviewer. (2012 - 2013).

Counseling and Values, Reviewer. (2012).

Journal of Social and Personal Relationships, Reviewer. (2011 - 2012).

Research in the Social Scientific Study of Religion, Reviewer. (2005 - 2012).

American Psychological Association-Division 36 (Society for the Psychology of Religion and Spirituality), Reviewer. (December 2011 - January 2012).
Reviewed presentations for Division 36 of APA, National Convention to be held in August of 2012

Journal of Positive Psychology, Reviewer. (2011).

Journal of Family Issues, Reviewer. (2009 - 2011).

American Psychological Association-Division 36 (Society for the Psychology of Religion and Spirituality), Reviewer. (December 2007 - January 2008).

Reviewed presentations for Division 36 of APA, National Convention to be held in August of 2018

Presentations Given

Sastry, A., & Brelsford, G. (Author). (August 2021). "Anxiety among young adults: The relationship between perceived parental authority, intolerance of uncertainty, and worry," American Psychological Association Annual Convention, American Psychological Association, Virtual, peer-reviewed/refereed, Accepted. National.

Sharma, P., & Brelsford, G. (Author). (August 2021). "Cognitive emotional regulation strategies: Potential moderators of the association between mindfulness and flourishing in college students," American Psychological Association Annual Convention, American Psychological Association, Virtual, peer-reviewed/refereed, Accepted. National.

Ali, S., Fronheiser, B., Gardner, F., Brelsford, G. (Author), & Doheny, K. K. (May 2, 2021). "Narrative inquiry identifies mothers of former NICU infants at risk for stress dysregulation," Pediatric Academic Society, Virtual, peer-reviewed/refereed, Accepted. National.

Gardner, F., Fronheiser, B., Brelsford, G. (Author), & Doheny, K. K. (May 2, 2021). "Stress resilience predicts fewer aggressive and hostile behaviors in former NICU mothers," Pediatric Academic Society, Virtual, peer-reviewed/refereed, Accepted. National.

Brelsford, G. (Panel Member). (October 2020). "Spirituality and Health," Faculty Research Day, Penn State Harrisburg, Virtual, Invited.

Sastry, A., Brelsford, G. (Author), & Doheny, K. (August 2020). "Mothers and fathers coping and psychological outcomes post neonatal intensive care unit discharge: Does religious coping matter?," American Psychological Association Annual Convention, American Psychological Association, Virtual, peer-reviewed/refereed, Accepted. National.

Sharma, P., Uzar, K., & Brelsford, G. (Author). (August 2020). "Self-esteem, grit, and optimism: Predictors of depression and anxiety in college students," American Psychological Association Annual Convention, American Psychological Association, Virtual, peer-reviewed/refereed, Accepted. National.

Gardner, F., Hozella, A., Fronheiser, B., Brelsford, G. (Author), & Doheny, K. K. (April 2020). "Parental Stress Responsivity," Pediatric Academic Society, Virtual, peer-reviewed/refereed, Accepted. National.

Brelsford, G. (Author and Presenter). (March 2020). "Spirituality and stress in the Neonatal Intensive Care Unit: Implications for couples' relationship functioning and co-parenting," Annual Meeting of the Society for the Psychology of Religion and Spirituality, Division 36 of The American Psychological Association, Virtual, Invited. National.

Brelsford, G. (Author and Presenter), & Doheny, K. K. (January 2020). "Parental stress and coping post-discharge from the neonatal intensive care unit," Grand Rounds, Penn State College of Medicine, Hershey, PA.

- Brelsford, G. (Author and Presenter), Morales-Ramirez, I., Richards, A., & Ramirez, J. (April 2019). "College students spirituality and relationship quality," Annual Meeting of the Society for the Psychology of Religion and Spirituality, Division 36 of The American Psychological Association, Bowling Green, OH, Invited. National.
- Brelsford, G. (Author and Presenter). (April 2019). "Spiritual struggles and parents' mental health following a neonatal intensive care experience," Annual Meeting of the Society for the Psychology of Religion and Spirituality, Division 36 of The American Psychological Association, Bowling Green, OH, Invited. National.
- Hozella, A., Marvin, M., Gardner, F., Brelsford, G. (Author), & Doheny, K. (March 2019). "Parents demonstrate heightened emotional arousal by skin conductance and stress/coping behaviors while telling their personal NICU story," 32nd Annual Gravens Conference on the Environment of Care for High Risk Newborns in Collaboration with the March of Dimes, Clearwater, Florida, peer-reviewed/refereed, Invited. National.
- Brelsford, G. (Author and Presenter), & Doheny, K. (March 2019). "Spiritual struggles in relation to parents' mental health and well-being post neonatal intensive care unit discharge," 32nd Annual Gravens Conference on the Environment of Care for High Risk Newborns in Collaboration with the March of Dimes, Clearwater, Florida, peer-reviewed/refereed, Invited. National.
- Wadsworth, M., Kraschnewski, J. L., Brelsford, G. (Author), & Sekhar, D. (March 2019). "Building capacity for community engaged research: Penn State University's faculty fellowship program," Translational Science 2019, Association for Clinical and Translational Science, Washington, DC, peer-reviewed/refereed, Accepted. National.
- Hozella, A., Brisbane, M., Gardner, F., Brelsford, G. (Author), & Doheny, K. K. (March 2019). "Parents demonstrate heightened emotional arousal by skin conductance and stress/coping behaviors while telling their personal NICU story," Pediatric Research Day, Penn State Milton S. Hershey Medical Center, Hershey, PA, peer-reviewed/refereed, Accepted. Local.
- Gardner, F., Brisbane, M., Hozella, A., Brelsford, G. (Author), & Doheny, K. K. (March 2019). "Stress biomarkers in former NICU parents," Pediatric Research Day, Penn State Milton S. Hershey Medical Center, Hershey, PA, peer-reviewed/refereed, Accepted. Local.
- Krasnewski, J., Brelsford, G. (Panel Member), & Sekhar, D. (September 2018). "Community-engaged research," Penn State Hershey Medical Center, Hershey, PA, Invited. Local.
- Brelsford, G. (Discussant). (August 2018). "Religious values and parenting: A literature review, new findings, and consultation suggestions," American Psychological Association National Convention, American Psychological Association, San Francisco, CA, peer-reviewed/refereed, Accepted. National.
- Wells, A., Tudder, A., Brelsford, G. (Author and Presenter), Ezzedine, L., & Fink-Miller, E. (August 2018). "Praying for thinness: Religious and spiritual body image in relation to body satisfaction.," American Psychological Association Annual Convention, American Psychological Association, San Francisco, CA, peer-reviewed/refereed, Accepted. National.
- Ezzedine, L., Tudder, A., Brelsford, G. (Author and Presenter), & Wells, A. (August 2018). "Sex, booze, and spirituality: Alcohol use and intrinsic spirituality in relation to hyper sexuality.," American Psychological Association Annual Convention, American Psychological Association, San Francisco, CA, peer-reviewed/refereed, Accepted. National.

- Brelsford, G. (Author and Presenter). (July 2018). "Religiousness and spirituality in the NICU," Neonatal Family Advisory Council, Hershey, PA, Invited. Local.
- Brelsford, G. (Author and Presenter), Doheny, K. K., Nestler, L., & Grumbling, A. (May 2018). "Spiritual and religious coping and parents' well-being post-neonatal intensive care unit discharge: Struggles with meaning following times of distress," Pediatric Research Day, Penn State Milton S. Hershey Medical Center, Hershey, PA, peer-reviewed/refereed, Accepted. Local.
- Brelsford, G. (Author and Presenter). (April 2018). "Spiritual meaning making in times of distress," Penn State Harrisburg Research and Outreach, Middletown, PA, Invited. Local.
- Brelsford, G. (Author and Presenter), Underwood, L. G., & Wright, B. R.E. (August 2017). "Love and Care in the Midst of Stress: The Buffering Effect of Ordinary Spiritual Experiences," American Psychological Association Annual Convention, American Psychological Association, Washington, DC, peer-reviewed/refereed, Accepted. National.
- Berivan Omen, C., Brelsford, G. (Author and Presenter), & Danieu, C. (August 2017). "Political Affiliation, Spirituality, and Religiosity: Links to Emerging Adults' Life Satisfaction and Optimism," American Psychological Association Annual Convention, American Psychological Association, Washington, DC, peer-reviewed/refereed, Accepted. National.
- Buettner, K., Tudder, A., & Brelsford, G. (Author and Presenter). (August 2017). "Spirituality, Religion, and Well-Being: Examining Differences Between the Affiliated and the Unaffiliated," American Psychological Association Annual Convention, American Psychological Association, Washington, DC, peer-reviewed/refereed, Accepted. National.
- Brelsford, G. (Author and Presenter). (November 2016). "How did I get here and how do I cope? Stress and growth in the neonatal intensive care unit (NICU)," BSED Colloquium Series, BSED, Penn State Harrisburg, Invited. Local.
- Brelsford, G. (Author and Presenter), & Gavazzi, J. (October 2016). "How to teach sensitive clinical issues openly and ethically: Values, morals, politics, and diversity," Ethics Educators Workshop, Pennsylvania Psychological Association, Harrisburg, PA, Invited. State.
- Brelsford, G. (Author and Presenter), & Doheny, K. K. (August 2016). "Comparison of mothers' and fathers' post-traumatic growth, religiosity, and stress post NICU discharge," American Psychological Association Annual Convention, American Psychological Association, Denver, Colorado, peer-reviewed/refereed, Accepted. National.
- Tudder, A., Buettner, K., & Brelsford, G. (Author and Presenter). (August 2016). "Spiritual well-being and gratitude: The role of positive affect and affect intensity," American Psychological Association Annual Convention, American Psychological Association, Denver, Colorado, peer-reviewed/refereed, Accepted. National.
- Brelsford, G. (Author and Presenter), & Doheny, K. K. (May 2016). "Post traumatic growth and intrapersonal spirituality: Finding strength in times of stress post NICU discharge," Pediatric Research Day, Penn State Milton S. Hershey Medical Center, Hershey, PA, peer-reviewed/refereed, Accepted. Local.
- Brelsford, G. (Session Chair). (August 2015). "Religion and spirituality in diverse medical settings: Individual and familial implications," American Psychological Association National Convention, American Psychological Association, Toronto, Canada, peer-reviewed/refereed, Accepted. International.

- Brelsford, G. (Author and Presenter), Doheny, K. K., Ramirez, J. E., & Allison, R. (August 2015). "Sacred bonds: Parenting beliefs and religiousness in the NICU," American Psychological Association National Convention, American Psychological Association, Toronto, Canada, peer-reviewed/refereed, Accepted. International.
- Brelsford, G. (Author), & Doheny, K. (March 2015). "Sacred spaces: Family functioning and religious coping in the NICU," Gravens Conference on the Physical and Developmental Environment of the High Risk Infant, In Collaboration with the March of Dimes, Clearwater, FL, peer-reviewed/refereed, Accepted. National.
- Brelsford, G. (Author and Presenter), Doheny, K., Veneman, K., & Ramirez, J. (August 2014). "Coping and Family Relationships in the Neonatal Intensive Care Unit," Annual American Psychological Association Convention, American Psychological Association Division 36 (Society for the Psychology of Religion and Spirituality), Washington, DC, peer-reviewed/refereed. National.
- Veneman, K., Doheny, K., & Brelsford, G. (Author and Presenter). (May 2014). "Active Parenting and Parental Role Attainment in Parents of Preterm Infants in the NICU," 7th Annual Biennial Pediatric Research Day, Penn State Hershey Children's Hospital, Hershey, PA, peer-reviewed/refereed. Local.
- Veneman, K., Doheny, K., & Brelsford, G. (Author). (May 2014). "Active Parenting and Parental Role Attainment in Parents of Preterm Infants in the NICU," Resident/Fellow Research Day, Penn State Hershey, College of Medicine, Hershey, PA. Local.
- Brelsford, G. (Author and Presenter), Doheny, K., Veneman, K., & Ramirez, J. (May 2014). "Religious Coping and Family Relationships in the Neonatal Intensive Care Unit," 7th Annual Biennial Pediatric Research Day, Penn State Hershey Children's Hospital, Hershey, PA, peer-reviewed/refereed. Local.
- Brelsford, G. (Author and Presenter). (October 2013). "Spirituality and religion: Attending to the sacred in individual and family therapy," 3rd Annual Diversity Forum, LaSalle University, Philadelphia, PA, Invited. Regional.
- Veneman, K., Doheny, K., & Brelsford, G. (Author). (September 2013). "Active parenting and parental role attainment in parents of preterm infants in the NICU," Midatlantic Conference on Perinatal Research, American Academy of Pediatrics Perinatal Section, Charlottesville, VA, peer-reviewed/refereed, Accepted. National.
- Brelsford, G. (Author and Presenter), Doheny, K., Veneman, K., & Righi, S. (August 2013). "Parents' religiousness and spirituality in the Neonatal Intensive Care Unit: Links to well-being," Annual American Psychological Association Convention, American Psychological Association, Honolulu, HI, peer-reviewed/refereed. National.
- Brelsford, G. (Author and Presenter). (July 2013). "Religion and spirituality in family relationships," T. W. Ponessa, Harrisburg, PA, Invited. Local.
- Luquis, R., Perez, M., & Brelsford, G. (Author). (November 2012). "Religiosity, Spirituality, Sexual Attitudes, and Behaviors among Latino College Students," Society for the Scientific Study of Sexuality, Tampa, FL, peer-reviewed/refereed, Accepted. National.
- Brelsford, G. (Author and Presenter), & Righi, S. (August 2012). "Grateful and sanctified: Exploring the parent-child context," American Psychological Association National Convention, American Psychological Association, Orlando, FL, peer-reviewed/refereed, Accepted. National.

- Barry, C., Brelsford, G. (Panel Member), Casebolt, J., Exline, J., Grubbs, J., Hood, R., Mattis, J., Miller, L., Okozi, I., & Wortmann, J. (March 2012). "How I got into the psychology of religion and spirituality: First person accounts from D36 members," Division 36 of American Psychological Association Mid-Year Meeting, American Psychological Association and Loyola University in MD, Columbia, MD, peer-reviewed/refereed, Accepted. National.
- Brelsford, G. (Author and Presenter), Fulmer, M. E., Harrison, M. A., & Xu, X. (March 2012). "The impact of emerging adult religious coping: A grateful outlook on life satisfaction," Division 36 Society for the Psychology of Religion and Spirituality, American Psychological Association and Loyola University in MD, Columbia, MD, peer-reviewed/refereed, Accepted. National.
- Brelsford, G. (Author and Presenter). (August 2011). "Spiritual disclosure and sanctification in family relationships," American Psychological Association Annual Convention, APA, Washington, DC, peer-reviewed/refereed. National.
- Brelsford, G. (Author and Presenter), & Friedberg, R. D. (April 2011). "Religious and spiritual issues: Family therapy approaches with military families coping with deployment," Annual meeting of Division 36 of the American Psychological Association, Loyola University and Division 36 of APA, Loyola University, peer-reviewed/refereed. National.
- Luquis, R., & Brelsford, G. (Author). (April 2011). "Religious, spiritual beliefs, and sexual behaviors: Views of college students," The American Alliance for Health, Physical Education, Recreation, and Dance National Convention, San Diego, CA, peer-reviewed/refereed. National.
- Brelsford, G. (Author and Presenter). (August 2010). "Theistic mediation and triangulation in father-child relationships," American Psychological Association National Convention, APA, San Diego, CA, peer-reviewed/refereed. National.
- Brelsford, G. (Author and Presenter), & Ciarrocchi, J. W. (March 2010). "Coping with life: resiliency, spiritual and secular support in a community sample," Division 36 of APA (Psychology of Religion), Loyola University in Maryland, Columbia, MD, peer-reviewed/refereed, Accepted. National.
- Luquis, R., Brelsford, G. (Author), Rojas-Guyler, L., & Wimer, J. (March 2010). "Religiosity, Spirituality, Sexual Attitudes, and Sexual Behaviors among College Students," AAHPERD Annual Convention, AAHPERD, Indianapolis, IN, peer-reviewed/refereed, published in proceedings, Accepted. National.
- Harrison, M., LaFountain, R., Brelsford, G. (Panel Member), & Michael, C. S. (November 2009). How to get into graduate school in Psychology, Psi Chi, PSU Harrisburg, Invited. Local.
- Brelsford, G. (Author and Presenter), & Nagle, M. (August 2009). "Interpersonal spirituality in father-child relationships," American Psychological Association Annual Convention, Toronto, Canada, peer-reviewed/refereed, published in proceedings, Accepted. International.
- Brelsford, G. (Author and Presenter), Dy-Liacco, G. S., Ciarrocchi, J. W., Bellin, Z., Rollison, D., & Dieter, M. (April 2009). "Purpose in life and faith maturity: Descriptive comparisons between Christian and Muslim samples," Division 36 of APA (Psychology of Religion), Loyola University in Maryland, Columbia, MD, peer-reviewed/refereed, Accepted. National.
- Murray-Swank, N. A., & Brelsford, G. (Author and Presenter). (April 2009). "Sex and Soul: The Sanctification of Sexuality in Married Individuals," Division 36 of APA (Psychology of Religion), Loyola University in Maryland, Columbia, MD, peer-reviewed/refereed, Accepted. National.

- Werdel, M. B., Ciarrocchi, J. W., Dy-Liacco, G. S., Brelsford, G. (Author and Presenter), & Kennedy, C. (April 2009). "Silver linings in painful clouds: The relationships of stress-related growth to positive emotion, social support, and spirituality," Division 36 of APA (Psychology of Religion), Loyola University in Maryland, Columbia, MD, peer-reviewed/refereed, Accepted. National.
- Ciarrocchi, J. W., Brelsford, G. (Co-Chair of Symposium), & Dy-Liacco, G. S. (April 2009). "What is the point of all of this? Spirituality, meaning, and growth in diverse populations," Division 36 of APA (Psychology of Religion), Loyola University in Maryland, Columbia, MD, peer-reviewed/refereed, Accepted. National.
- Brelsford, G. (Panel Member), & Harrison, M. (April 2009). How to get into graduate school in Psychology, Psi Chi, PSU Harrisburg, Invited. Local.
- Brelsford, G. (Author and Presenter). (September 2008). "Interpersonal spirituality in family relationships," Faculty Seminar Series, Penn State Harrisburg, Middletown, PA, Invited. Local.
- Dy-Liacco, G. S., Ciarrocchi, J. W., & Brelsford, G. (Author). (August 2008). "Spirituality and flourishing: Four structural equation models.," American Psychological Association, Annual Convention, American Psychological Association, Boston, MA, peer-reviewed/refereed, Accepted. National.
- Brelsford, M. C., & Brelsford, G. (Author and Presenter). (June 2008). "Schools and families: Optimizing children's learning potentials and mental health," Annual Keystone Health Promotion Conference, Lebanon Valley College, peer-reviewed/refereed, Invited. Local.
- Dy-Liacco, G. S., Ciarrocchi, J. W., & Brelsford, G. (Co-Chair of Symposium). (March 2008). "Bad God stronger than good God? Yes and no.," Division 36 of APA (Psychology of Religion), Loyola University in Maryland, Columbia, MD, peer-reviewed/refereed, Accepted. National.
- Kennedy, C., Marnadus, P., Dy-Liacco, G. S., Ciarrocchi, J. W., & Brelsford, G. (Author and Presenter). (March 2008). "Daily spiritual experiences predicting stress-related growth without mediation by personality or moderation by coping, global stress, or optimism," Mid-Year Conference of Division 36 of APA (Psychology of Religion), Columbia, MD, peer-reviewed/refereed, published in proceedings, Accepted. International.
- Comstock, J., Dy-Liacco, G. S., Ciarrocchi, J. W., & Brelsford, G. (Author and Presenter). (March 2008). "Self-control, the master virtue: Do spiritual and religious aspects of humans make a difference in the ability to exercise self-control?," Mid-Year Conference Division 36 of APA (Psychology of Religion), American Psychological Association, Columbia, MD, peer-reviewed/refereed, Accepted. National.
- Shannon, D., Ruiz, M., Dy-Liacco, G. S., Ciarrocchi, J. W., & Brelsford, G. (Author and Presenter). (March 2008). "Spiritual Attachment, spiritual conflict, and perceived stress as predictors of empathy controlling for personality," Mid-Year Conference of Division 36 of APA (Psychology of Religion), Columbia, MD, peer-reviewed/refereed, published in proceedings, Accepted. National.
- Nazzaro, M. B., Rollison, D., Dy-Liacco, G. S., Ciarrocchi, J. W., & Brelsford, G. (Author and Presenter). (March 2008). "The unique relationship between spiritual struggles and well-being within the context of the five factor model of personality.," Mid-Year Conference of Division 36 of APA (Psychology of Religion), Columbia, Md, peer-reviewed/refereed, published in proceedings, Accepted. National.

- Brelsford, G. (Author and Presenter), & Ciarrocchi, J. W. (August 2007). "Interpersonal spirituality: Links to purpose in life and social support," American Psychological Association: Annual Convention, San Francisco, CA, peer-reviewed/refereed, published in proceedings, Accepted. National.
- Brelsford, G. (Co-Chair of Symposium), & Ciarrocchi, J. W. (August 2007). "Positive Psychology and Spirituality: New constructs, measures, and populations.," American Psychological Association Annual Convention, San Francisco, CA, peer-reviewed/refereed, Accepted. National.
- Dennison-Tedesco, R., Ciarrocchi, J. W., & Brelsford, G. (Author and Presenter). (March 2007). "An examination of religion and spiritual variables that predict overall health and perception of physical pain," Mid-Year Conference of Division 36 of APA (Psychology of Religion), Columbia, MD, peer-reviewed/refereed, published in proceedings, Accepted. National.
- Thukral, R., Brelsford, G. (Author and Presenter), & Ciarrocchi, J. W. (March 2007). "Ego-resiliency and purpose in life: Links to spiritual experiences," Mid-Year Conference of Division 36 of APA (Psychology of Religion), Columbia, MD, peer-reviewed/refereed, published in proceedings, Accepted. National.
- Brelsford, G. (Co-Chair of Symposium), & Ciarrocchi, J. W. (March 2007). "Spiritual stability or disturbance as markers of human flourishing: Empirical findings and theological dialogue," Division 36 of APA (Psychology of Religion), Loyola University in Maryland, Columbia, MD, peer-reviewed/refereed, Accepted. National.
- Dy-Liacco, G. S., Ciarrocchi, J. W., & Brelsford, G. (Author and Presenter). (March 2007). "Spiritual struggle, social support, personality, and flourishing," Mid-Year Conference of Division 36 of APA (Psychology of Religion), Columbia, MD, peer-reviewed/refereed, published in proceedings, Accepted. National.
- Marinelli, S. B., Shannon, D., Bugar, D., Brelsford, G. (Author and Presenter), & Ciarrocchi, J. W. (March 2007). "The buffering effect of image of God on the relationship between social support and purpose in life," Mid-Year Conference of Division 36 of APA (Psychology of Religion), Columbia, MD, peer-reviewed/refereed, published in proceedings, Accepted. National.
- Brelsford, G. (Author and Presenter), & Mahoney, A. (March 2006). "A journey through relational spirituality: Exploration of the theoretical underpinnings and future directions of spiritual disclosure," Division 36 of APA (Psychology of Religion), Loyola University in Maryland, Columbia, MD, peer-reviewed/refereed, Accepted. National.
- Brelsford, G. (Author and Presenter), Marinelli, S., & Ciarrocchi, J. W. (March 2006). "An exploration of spiritual disclosure and generativity in close relationships," Division 36 of APA (Psychology of Religion), Loyola University in Maryland, Columbia, MD, peer-reviewed/refereed, Accepted. National.
- Boyatzis, C., Bender, L., Beasley, J., Brelsford, G. (Author and Presenter), & Mahoney, A. (March 2006). "College students' spiritual disclosure and religious intimacy with friends and siblings," Division 36 of APA (Psychology of Religion), Loyola University in Maryland, Columbia, MD, peer-reviewed/refereed, Accepted. National.
- Parker, D., Brelsford, G. (Author and Presenter), & Ciarrocchi, J. W. (March 2006). "Experience of God as a motivator for prosocial behavior," Division 36 of APA (Psychology of Religion), Loyola University in Maryland, Columbia, MD, peer-reviewed/refereed, Accepted. National.

- Kennedy, C., Ciarrocchi, J. W., & Brelsford, G. (Author and Presenter). (March 2006). "Exploring the velcro effect in positive psychology.," Division 36 of APA (Psychology of Religion), Loyola University in Maryland, Columbia, MD, peer-reviewed/refereed, Accepted. National.
- Ciarrocchi, J. W., & Brelsford, G. (Co-Chair of Symposium). (March 2006). "Resilient and Loving: Spirituality and religiousness as predictors of prosocial behavior, adaptive functioning, and subjective well-being," Division 36 of APA (Psychology of Religion), Loyola University in Maryland, Columbia, MD, peer-reviewed/refereed, Accepted. National.
- Dennison-Tedesco, R., Rothlisberger, A., Ciarrocchi, J., & Brelsford, G. (Author and Presenter). (March 2006). "Three sources of altruism: Personality, religiosity, and empathy as predictors of prosocial behavior.," Division 36 of APA (Psychology of Religion), Loyola University in Maryland, Columbia, MD, peer-reviewed/refereed, Accepted. National.
- Parker, D., Brelsford, G. (Author and Presenter), & Ciarrocchi, J. W. (March 2006). "Experience of God as a motivator for prosocial behavior.," Eastern Psychological Association, Baltimore, MD, peer-reviewed/refereed, Accepted. Regional.
- Dennison-Tedesco, R., Rothlisberger, A., & Brelsford, G. (Author and Presenter). (March 2006). "Is empathy enough? Comparing spiritual-religious constructs to empathy in order to predict altruism.," Eastern Psychological Association, Baltimore, MD, peer-reviewed/refereed, Accepted. Regional.
- Marinelli, S., Brelsford, G. (Author and Presenter), & Ciarrocchi, J. (March 2006). "Spirituality in close relationships: The contribution of spiritual disclosure to generativity.," Eastern Psychological Association, Baltimore, MD, peer-reviewed/refereed, Accepted. Regional.
- Brelsford, G. (Author and Presenter). (January 2006). "Enhancing your child's self-esteem," Annual Family Conference, Living Waters Worship Center, Maryland, Invited. Local.
- Brelsford, G. (Author and Presenter), & Mahoney, A. (August 2005). "Spiritual intimacy: A salient contribution to family relationships," American Psychological Association Annual Convention, Washington, DC, peer-reviewed/refereed, published in proceedings, Accepted. National.
- Brelsford, G. (Author and Presenter), & Mahoney, A. (March 2005). "Theistic triangulation: An uncharted territory in family relationships," Division 36 of APA (Psychology of Religion), Loyola University in Maryland, Columbia, MD, peer-reviewed/refereed, Accepted. National.
- Brelsford, G. (February 2005). "Spiritual intimacy: A salient factor in family relationships," Colloquium Series, Loyola University in Maryland, Columbia, MD, Invited. Local.
- Brelsford, G. (Author and Presenter). (January 2005). "Spiritual intimacy & families," Continuing Education Series, Loyola University in Maryland, Columbia, MD, Invited. Local.
- Brelsford, G. (Author and Presenter), & Mahoney, A. (March 2004). "Religious intimacy: An investigation within parent-child relationships," Division 36 of APA (Psychology of Religion), Loyola University in Maryland, Columbia, MD, peer-reviewed/refereed, Accepted. National.
- Brelsford, G. (Author and Presenter), & Mahoney, A. (November 2000). "Children's subjective reports of distress due to interparental conflict," Association for the Advancement of Cognitive Behavior Therapy, New Orleans, LA, peer-reviewed/refereed, Accepted. National.

Contracts, Grants, and Sponsored Research

Fellowship

Brelsford, G., Fellowship, "Community Engaged Research Core Fellow," Clinical Translational Science Institute, Penn State. Amount Funded (Total or To Date, as applicable): \$22000. (date funding awarded: May 2017, total start and end of funding: May 2017 - May 2019.

Grant

Ahlkvist, J. A. (Co-Investigator), Brelsford, G. (Co-Investigator), Dorn, L. D. (Co-Investigator), Feinberg, M. E. (Co-Investigator), Jones, D. E., Wadsworth, M. (Principal Investigator), Grant, 2% credit, "Preventing Internalizing Psychopathology in Preadolescents Exposed to Chronic Stress," National Institute of Mental Health, Federal Agencies. Total requested: \$2,997,684.00, Total Anticipated: \$1045994, Amount Funded (Total or To Date, as applicable): \$522538. (submitted: July 15, 2015, date funding awarded: April 11, 2016, total start and end of funding: April 11, 2016 - March 31, 2022.

Amendments:

OSP Number: 214121, Total awarded: \$685,822.00. Total anticipated: \$3,272,331.00. April 11, 2016 - March 31, 2022

OSP Number: 207252, Total awarded: \$580,993.00. Total anticipated: \$3,272,330.00. April 1, 2016 - March 31, 2021

OSP Number: 200956, Total awarded: \$588,854.00. Total anticipated: \$2,864,198.00. April 11, 2016 - March 31, 2021

OSP Number: 196924, Total awarded: \$58,160.00. Total anticipated: \$1,143,780.00. April 11, 2016 - March 31, 2019

OSP Number: 193368, Total awarded: \$523,456.00. Total anticipated: \$1,045,994.00. April 11, 2016 - March 31, 2018

Brelsford, G. M. (Principal Investigator), Winkeljohn Black, S. (Co-Investigator), Grant, 90% credit, "Mothers with Complex Pregnancies: How do Unanswered Prayers and Spiritual Struggles Affect their Mental Health?," Penn State Harrisburg, Penn State. Total requested: \$12,548.00, Amount Funded (Total or To Date, as applicable): \$12548. (submitted: October 2021, date funding awarded: January 25, 2022, total start and end of funding: February 1, 2022 - Present.

Brelsford, G., Grant, 100% credit, "NICU Intervention," Capital Endowment for Academics Enhancement, Universities and Colleges. Total requested: \$1,500.00, Total Anticipated: \$1500, Amount Funded (Total or To Date, as applicable): \$1500. (submitted: 2019, date funding awarded: January 2020, total start and end of funding: June 2020 - July 2020.

Brelsford, G. (Co-Principal Investigator), Doheny, K. (Co-Principal Investigator), Brelsford, G. (Principal Investigator), Haidet, K. K. (Co-Principal Investigator), Grant, 50% credit, "Parental Stress Post-NICU Discharge: Religious/Spiritual and Secular Coping in Relation to Mental Health and Parent Relationship Quality," Children's Miracle Network, Nonprofit Foundations. Total requested: \$0.00, Total Anticipated: \$20000, Amount Funded (Total or To Date, as applicable): \$20000. (submitted: February 2, 2016, date funding awarded: September 14, 2016, total start and end of funding: July 1, 2016 - December 31, 2018.

Wadsworth, M. (Principal Investigator), Ahlkvist, J. A. (Co-Investigator), Brelsford, G. (Co-Investigator), Feinberg, M. E. (Co-Investigator), Zajac, G. (Co-Investigator), Grant, 5% credit, "Process evaluation and pilot efficacy trial of the BaSICS program," Social Science Research Institute, Penn State. Amount Funded (Total or To Date, as applicable): \$19934. (total start and end of funding: June 1, 2015 - May 31, 2016.

Sponsored Research

Brelsford, G. (Principal Investigator), Kopenhaver Doheny, K. (Co-Investigator), Veneman, K. (Co-Investigator), Sponsored Research, 60% credit, "Parents' Religiousness and Spirituality in the Neonatal Intensive Care Unit (NICU): Links to their Mental Health, Relationship Quality, and Parenting Beliefs," Research Council Grant, Penn State. Total requested: \$7,431.00, Amount Funded (Total or To Date, as applicable): \$7431. (submitted: March 23, 2012, total start and end of funding: June 30, 2012 - June 30, 2014).

Luquis, R. (Principal Investigator), Brelsford, G. (Co-Principal Investigator), Sponsored Research, 40% credit, "Religiosity, Spirituality, and Sexual Behaviors among African American and Latino College Students.," Penn State Harrisburg - Research Council Grant, Penn State. Total requested: \$3,780.00, Amount Funded (Total or To Date, as applicable): \$3630. (total start and end of funding: February 1, 2008 - December 30, 2009).

Brelsford, G. (Principal Investigator), Sponsored Research, 100% credit, "Interpersonal religiosity and spirituality: Links to individual and family functioning," Research Council Grant. Amount Funded (Total or To Date, as applicable): \$5261. (total start and end of funding: December 2006 - December 2008).

Development Activities Attended

"Charette-Courageous Crossings," Heterodox Academy; Interfaith Youth Council. (February 28, 2022).

"Increased Incidence of Sexual Misconduct on College Campuses," Penn State Harrisburg. (February 15, 2022).

"Fragmented Identity, Fragmented Psychology: Reflection on Integrating Personal and Professional Identities and Values," Division 36 of APA. (February 2, 2022).

"Providing Complex Fetal Care in Central PA," Penn State Hershey. (November 5, 2021).

"The Role of APA and Psychology in Addressing the Impact of the COVID19 Pandemic on Children and Youth," American Psychological Association. (September 27, 2021).

"Penn State Leadership Forum: Diversity, Education, and Inclusion," Penn State Harrisburg. (April 15, 2021).

"Crossroads: Understanding the Trauma of Racism," Penn State. (February 2021).

"Implicit Bias, Privilege, and Microaggressions: How to Recognize, Minimize, and Counter their Effects," Penn State. (January 2021).

"Subtle slights and the impact of bias on cultural identity and mental well-being," AAO at Penn State. (October 2020).

"Becoming an active witness who hears, sees, and feels," AAO at Penn State. (August 2020).

"Inclusive Mentoring Workshop," Penn State. (January 2020).

- "Better Together Community Driven Awareness: Community Engaged Research Day," Clinical Translational Science Institute, Better Together Community Driven Awareness: Community Engaged Research Day. (June 6, 2019).
- "Bridges to Translation V RFA Workshop," Clinical Translational Science Institute, Bridges to Translation V RFA Workshop, 1 credit hours. (October 2018).
- "Bridges to Translation IV RFA Workshop," Clinical Translational Science Institute, Bridges to Translation IV RFA Workshop, 3 credit hours. (February 13, 2018).
- "Ethics hell: Ethical codes, emotions, and cognitions," John Gavazzi, PsyD, Penn State Harrisburg/PA Psychological Association, 2 credit hours. (November 3, 2017).
- "The assessment, management, and treatment of suicidal patients: An introductory course," John Gavazzi, PsyD, Penn State Harrisburg/PA Psychological Association, 1 credit hours. (November 3, 2017).
- "Appalachian Translational Research Network," Appalachian Translational Research Network. (October 30, 2017 - October 31, 2017).
- "Ethics Educators Workshop," Pennsylvania Psychological Association, Pennsylvania Psychological Association, Ethics Educators Annual Meeting. (October 13, 2017).
- "Mediation, moderation, and moderated-mediation analysis in behavioral research: Regression versus structural equation modeling," Gordon W. Cheung, Ph.D, Penn State Berks, Penn State Berks Research Methods Workshop, 1 credit hours. (October 28, 2016).
- "Ethics Educators Workshop," Pennsylvania Psychological Association, Pennsylvania Psychological Association, Ethics Educators Annual Meeting. (October 7, 2016).
- "How to get NSF to fund your research," Robert E. O'Connor, Director NSF Program in Decision Risk and Management Sciences, Penn State University, 3 credit hours. (March 2, 2016).
- "Scholarship and Research Integrity Requirements (SARI) @ PSU Informational Session," Brad Woods, Ph.D., Office of Research and Outreach; Penn State Harrisburg. (October 21, 2015).
- "Ethics Educators Workshop," Pennsylvania Psychological Association. (October 2, 2015).
- "Leadership for Boards and Donors," Office of Development and Alumni Relations, Penn State Harrisburg. (September 17, 2015).
- "An Overview of Mediation Models in Epidemiology with Analysis in R," Department of Public Health, Hershey Medical Center/College of Medicine. (September 9, 2015).
- "Grantseeking from A to Z," Penn State Harrisburg Office of Research and Protections. (May 2014).

Impact in Society of Research Scholarship and Creative Accomplishment

- Interview, "Peace amid chaos: How spirituality and religion may help families cope in the NICU," Internet, Penn State news. (August 2019).
- Interview, "Fellowship equips researchers with skills to engage community in research," Internet, Penn State Today. (March 16, 2018).
Highlighting Fellowship

Interview, "How parents cope with stress of the NICU affects family dynamics," Internet, Penn State Today. (August 25, 2016).

How parents cope with stress of the NICU affects family dynamic

Research Review, "Research Review published by the Institute for the Biocultural Study of Religion (IBCSR).," Internet, Research Review published by the Institute for the Biocultural Study of Religion (IBCSR). (November 2011).

The IBCSR Research Review (IRR) briefly annotates and furnishes online information about research articles related to the scientific study of religion, published in leading journals in the previous month, including relevant articles about spirituality, medicine, and health. It also lists relevant books and articles in press. IRR is useful to researchers, teachers, students, and journalists whose work relates to the scientific study of religion. It is delivered free via email to those who sign up to receive it on IBCSR's website, www.scienceonreligion.org.

Article, "Spiritual Disclosure with mothers research was highlighted in a brief article," Journal or Magazine, APA Monitor. (2008).

SERVICE

Service to the University

College

Committee Work

Faculty Affairs Committee, Chairperson. (August 2018 - Present).

Graduate Evaluation Committee, Committee Member. (August 2015 - Present).

Employee Support Team, Member. (June 2020 - October 2020).

Honor's Advisory Council, Committee Member. (August 2015 - June 2020).

Graduate Program Review Committee, Committee Member. (September 2019 - February 2020).

Assistant Dean for Academic Affairs Search, Committee Member. (April 2019 - 2019).

Search Committee Grants Office Position, Committee Member. (December 2018 - April 2019).

Director of Behavioral Sciences and Education Search, Committee Member. (November 2018 - April 2019).

College Promotion and Tenure Committee, Committee Member, Elected. (September 2016 - 2018).

Search Committee Grants Office Position, Committee Member. (April 2018 - May 2018).

Honor's Thesis Awards Committee, Honor's Thesis Awards Committee, Honor's Program, Member. (2016 - April 2018).

Tenure Track Search Committee Member, Clinical Psychology Tenure Track Search

Committee, Penn State Behrend, Member. (October 2017 - March 2018).

Penn State Harrisburg Chancellor Search, Committee Member. (October 2017 - February 2018).

Academic Affairs Committee, Committee Member. (August 2015 - May 2017).

Sabbatical Committee. (August 2015 - December 2015).

Honor's Council, Advisor. (August 2014 - December 2014).

Grant Reviewer, Research Council Grant Review Committee, Committee Member, Elected. (September 2012 - December 2014).

Enrollment Management and Outreach Committee, Committee Member. (September 2011 - May 2013).

Information Systems and Technology Committee, Committee Member. (August 2007 - August 2009).

Information Systems and Technology Committee, Committee Member. (August 2007 - August 2009).

Participation in Governance Bodies and Related Activities

Faculty Forum on Faculty Engagement, Panelist. (September 2019).

Division

Committee Work

Self-Study ACPSY program, Committee Member. (January 2022 - Present).

The Post-Baccalaureate Psychology Certificate Program Committee, Committee Member. (November 2019 - Present).

Research Capstone Committee, Committee Member. (August 2021 - December 2021).

Neuropsychology Scholarship Committee, Committee Member. (April 2021).

School

Assistance to Student Organizations

APAPSH, American Psychological Association Penn State Harrisburg, Co-Advisor. (August 2017 - Present).

Presenter to HDFS Club, Brown Bag Presenter. (November 2013).

Psi Chi, Advisor. (August 2006 - August 2008).

Open Lab for American Psychological Association of Penn State Harrisburg Graduate Students, Presenter. (October 2006).

Committee Work

School Promotion and Tenure Committee, Member, Elected. (September 2020 - Present).

Clinical Psychology Faculty Search, Committee Member. (October 2021 - January 2022).

Tenure Track Search Committee Psychology Position, Chairperson. (March 2019 - June 2019).

Neuropsychology Scholarship Committee, Committee Member. (August 2018 - April 2019).

Tenure Track Search Committee for Health Disparities/Multicultural Psychology Position, Chairperson. (September 2018 - February 2019).

Neuropsychology Scholarship Committee, Chairperson. (August 2017 - April 2018).

Teacher Education Appeals Decision Committee, Teacher Education Appeals Decision Committee, Member. (April 2017 - May 2017).

Curricular Review Committee for MA in Applied Clinical Psychology, Chairperson. (September 2016 - May 2017).

Strategic Planning Initiative Outreach Committee, Committee Member. (2015 - 2016).

Grant Support Committee, Committee Member. (August 2015 - May 2016).

School wide Outreach Committee, Committee Member. (August 2015 - May 2016).

Tenure Track Search Committee for Clinical Psychology Position, Chairperson. (August 2015 - March 2016).

Search Committee for Fixed Term Psychology Faculty Member, Committee Member. (June 2014 - December 2014).

Neuropsychology Scholarship Committee, Chairperson. (September 2013 - September 2014).

BSED Promotion and Tenure Committee, Member, Elected. (August 2013 - August 2014).

Search Committee, Search Committee for Tenure-Track Assistant Professor of Health Psychology, Chairperson. (2012 - 2013).

Research Committee for Social Sciences and Psychology, Chairperson. (September 2011 - September 2013).

BSED Curriculum Committee, Member. (August 2012 - August 2013).

Licensing and Credentialing Advisory Board for Social Sciences and Psychology, Committee Member. (September 2011 - May 2013).

Committee for New Admissions Procedures for Applied Clinical and Applied Research Psychology Applicants. (November 1, 2011 - December 13, 2011).

Literacy Education Search Committee, Committee Member. (December 2009 - April 2010).

Human Development and Family Studies Search Committee, Committee Member. (October 2009 - February 2010).

Curriculum Committee, Co-Chairperson, Elected. (September 2008 - September 2009).

Elementary Education Search Committee, Committee Member. (September 2008 - February 2009).

Psychology Minor Committee, Committee Member. (January 2008 - April 2008).

Staff Assistant Search Committee, Committee Member. (September 2007 - April 2008).

Subject Recruitment Committee for the Psychology Program, Committee Member. (September 2007 - December 2007).

Ad-hoc Promotion and Tenure Committee, Committee Member. (October 2006 - April 2007).

Psychology Position Search Committee-Fixed Term Position, Committee Member. (September 2006 - April 2007).

Faculty Mentor

Faculty Mentor. (August 2015 - Present).

Faculty mentor to Dr. Stephanie Winkeljohn Black, Assistant Professor of Psychology.
Faculty mentor to Dr. Ovgu Kaynak, Assistant Professor of Psychology.

Participation in Recruitment and Retention Activities

Graduate School Open House-Applied Clinical Psychology MA program, Representative. (2016 - Present).

BSED Open Forum for Students, SGA, Panelist. (April 2016).

Peer Review of Teaching for Faculty Members

Evaluator. (September 2014 - Present).

Psychology CEU workshop coordinator

Psychology CEU workshop coordinator, Organizer. (September 2017 - November 2017).

University

Committee Work

Faculty Rights and Responsibilities Committee, Committee Member, Elected. (July 2019 - Present).

Starfish Advisory Group for Graduate Education, Member. (September 2020 - January 2021).

Graduate Council Subcommittee on Program Review and Evaluation, Committee Member. (September 2019 - January 2020).

Graduate School Task force for Graduate Advising, Committee Member. (October 2017 - 2018).

Contribution to Programs to Enhance Equal Opportunity/Cultural Diversity

Work Life Unbalance, Equity and Inclusion: Successfully Navigating the Promotion and Tenure Process,, Speaker. (October 2013).

Graduate Exhibition Judge

Graduate Exhibition Judge, Graduate School, Evaluator. (March 2021).

Penn State Clinical and Translational Science Institute Leadership Advisory Board

Penn State Clinical and Translational Science Institute Leadership Advisory Board, Attendee. (November 2018).

Penn State Clinical and Translational Science Institute Leadership Advisory Board, Attendee. (October 2017).

Service to Society as a Representative of the University

Interviewed for Online Newspaper

Consultant, Local. PA. (November 2009).

Participation in Community Affairs

Quality Assurance/Quality Improvement Team, Member, Local. Hershey, PA. (September 2008 - September 2009).

Voluntary Consultation and/or Advising

Content Expert, Philadelphia School District, Advisor. (January 2021 - February 2021).

Service to the Disciplines and to the Profession

External Evaluator for Promotion and/or Tenure

External P & T Reviewer for Promotion and Tenure, University of Pittsburgh, Greensburg, External Reviewer. (October 2015).

Guest Lecturer

Guest Lecture for Class in Spirituality and Counseling Class, Regis University, Lecturer. (June 16, 2021).

Organizing Conferences and Service on Conference Committees

Division 36 Annual Conference Committee, American Psychological Association, Division 36, Committee Member. Virtual. (January 2022 - April 2022).

Division 36 of American Psychological Association, APA Student Poster Award Committee, Judge. (July 2014 - August 2014).

Participation in or Service to Professional and Learned Societies

Mentor Program, Division 36 of APA, Faculty Mentor. (September 2021 - Present).

Membership Committee, Society for the Psychology of Religion and Spirituality, Division 36 of the American Psychological Association, Committee Member, International. (September 2018 - Present).

Pennsylvania Psychological Association, Ethics Committee, Member, State. (September 2008 - Present).

Member-at-Large, American Psychological Association, Division 36 Society for the Psychology of Religion and Spirituality, Member-at-Large, Elected. (August 2019 - August 2022).

Ad-hoc reviewer award Committee, D36 of APA, Committee Member. (August 2021 - October 2021).

Webmaster and Webarchivist, Society for the Psychology of Religion and Spirituality, Division 36 of the American Psychological Association, Administrator, National. (September 2017 - August 2021).

Speed Mentoring for Translational Science 2018, Faculty Mentor. Washington, DC. (April 2018).

Society for General Psychology, Division 1, Secretary, Elected, National. (August 2011 - August 2014).

Division 36 of American Psychological Association, Publication Committee Task Force, Committee Member. (May 2014 - July 2014).

Speed Mentoring Division 36 of APA, Faculty Mentor. (August 2012).

Early Career Psychologist Network, Division 1 representative, Member, Elected, National. (September 2008 - 2011).

Pennsylvania Psychological Association, Early Psychologist Career Committee, Member, State. (September 2008 - 2010).

Pennsylvania Psychological Association, Public Education Committee, Member, State. (September 2008 - September 2009).

Voluntary Consultation and/or Advising

Content consultant for Pennsylvania Ethics/Law Exam, Consultant. (December 2021 - Present).